
Why Marriages Succeed Or Fail And How You Can Make Yours Last

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(i sometimes call this type of criticism - character assassination.) after 25 years of providing marriage counseling, i can tell you that criticism is one of the deadliest **emotional intelligence in relationships: handouts** - to the age-old question of why people persist in outmoded ways of thinking or acting, even when they know it would be in their own best interest to change. advances in the science of intimate relationships over two decades ago, researchers set out to find exactly what people who succeed in marriages **how to improve your relationship - utsouthwestern** - material adapted from why marriages succeed or fail...and how you can make yours last by john gottman, ph.d., ©1994 1. calm down. flooding can occur if you feel so overwhelmed by your partner's negativity that you become hostile, defensive, or withdrawn. it is virtually impossible to think clearly when your blood is **table of contents - wordpress** - the following "tests" were taken from john gottman's book why marriages succeed or fail ... and how you can make yours last. this is an extremely practical book with lots of tools to help you in your marriage. these "tests" are followed by summaries and remedies. **why do intimate relationships succeed or fail - drfiore** - for the first time, we have scientific evidence about what couples who succeed and fail actually do differently. this information has been filtering into public awareness through books such as john gottman's why marriages succeed for fail, the seven principles for making marriage work, and the relationship cure. these studies present

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